



OCCUPATIONAL MEDICAL CLINIC

A large, stylized blue heart rate line (ECG) graphic that spans the width of the page. It features a prominent peak on the left side, followed by several smaller peaks and troughs, and then levels off into a straight line towards the right.

**OFFERING
MEDICAL CASE MANAGEMENT**

ABOUT **XstremeMD**

*Founded by Emergency Medicine Physicians
Dedicated to Quality, Cost-Effective
Occupational Medical Care*

We are XstremeMD, an Occupational Medicine facility, specializing in and 100% focused on the treatment of work-related injuries and advocating the health and safety of your workers. Each physician with XstremeMD is a certified Medical Review Officer and an expert in OSHA and EMTA regulations. We understand the health and safety of your workers is pivotal to the success of your business. Our team advocates their well-being for your continued success and the prosperity of your workers and their families.



CUSTOMIZED MEDICAL SERVICES



AGGRESSIVE INJURY CARE



HEARING CONSERVATION PROGRAMS



SUBSTANCE ABUSE PROGRAMS



ADDITIONAL SERVICES

WHAT *XstremeMD* CAN DO FOR YOU

CASE MANAGEMENT SERVICES

- ✓ Licensed in 50 States
- ✓ No After Hours Rate Increases
- ✓ Fee for Service
- ✓ Improved Outcomes
- ✓ Customer Outcomes
- ✓ Customer Reporting
- ✓ 24/7 RN Call Center
- ✓ Diagnosis & Trend Analysis
- ✓ Nationally Recognized Treatment Algorithms
- ✓ OSHA Sensitive
- ✓ RN to MD Consult

DOMESTIC SERVICES

- ✓ Annual Exams
- ✓ Medical Directorship
- ✓ Topside Support
- ✓ Telemedicine
- ✓ Medication & Supplies
- ✓ Personnel – Certified Paramedics for Onshore & Offshore Locations
- ✓ Fitness to Work Exams
- ✓ DOT / Non-Dot Drug Testing
- ✓ Electronic Medical Record
- ✓ Prescription Medication Tracking
- ✓ Medical Emergency / Response Planning
- ✓ Infirmary Design
- ✓ Health Risk Assessment
- ✓ Pulmonary Function Testing
- ✓ X-Ray
- ✓ Audiometry
- ✓ Respiratory Fit Test & Clearance
- ✓ Silica Surveillance Exams
- ✓ Post Incident & Random
- ✓ Return to Work & Fit for Duty Evaluations

XstremeMD

CLINIC SERVICES

CUSTOMIZED MEDICAL SERVICES

- ✓ Customized Pre-Employment & Annual Exams
- ✓ Return for Work / Fit for
- ✓ Post Accident Medical Services

PHYSICAL EXAMS

- ✓ Annual / Periodic
- ✓ DOT / CDL Physical
- ✓ Pre-Employment Standard Non-DOT Physical
- ✓ Fit for Duty
- ✓ Non-DOT Physical
- ✓ Company Specific Physical
- ✓ OGUK
- ✓ USCG physical exams
- ✓ + More!

OCCUPATIONAL TESTING PROCEDURES

- ✓ Initial, Retest, Pre-Employment
- ✓ Audiometry
- ✓ Blood Work
- ✓ Ekg W. Interpretation
- ✓ Urinalysis ? UA Dip
- ✓ L-Spine X-Ray 2-3 Views
- ✓ Functional Capacity Test (Requirements must be attached)
- ✓ Pulmonary Function Test w/ OSHA Resp. Questionnaire
- ✓ Respirator Medical Clearance
- ✓ Other Testing

URINE DRUG AND ALCOHOL COLLECTION

Pre-Employment, Random, Reasonable Cause, Post Accident, Return for Duty, Follow Up, Site Access / Pre-Access, Other

REQUIRED TESTING

- ✓ Oral / Saliva
- ✓ Non-DOT UDS
- ✓ Hair Follicle
- ✓ DOT BAT
- ✓ Non-DOT BAT
- ✓ Non-DOT UDS
- ✓ Rapid Urine Dip 5, 10, 12 Panel
- ✓ Use XMD Generic Chain of Custody
- ✓ Synthetic Drug Testing (Generic XMD CCF Codes)
- ✓ 5 Panel UDS, 9 Panel UDS, 10 Panel UDS
- ✓ Synthetic Marijuana (30380N)
- ✓ Synthetic Stimulants (28000N)
- ✓ Customer Supply Chain of Custody
- ✓ Third Party Administrator
- ✓ Direct Observation

MASKS AVAILABLE

- ✓ Scott AV 2000 Full Face
- ✓ Scott AV 3000 Full Face
- ✓ Honeywell North 5400 Full Face
- ✓ Honeywell North 5500 Half Face
- ✓ Draeger Panorama Nova
- ✓ MSA Ultralite Full Face
- ✓ 3M Half Mask
- ✓ Others able to order/stock

OSHA COMPLIANCE WITH OUTSTANDING RECORDS

Our professionals are both proactive and reactive, accurately assessing the needs and abilities of each employee to prevent on-the-job injury.

Aggressive injury management allows us to pinpoint the problem, only performing the necessary treatment while keeping the quality of care high to help your company maintain a low recordable rate and have your worker back on the job with limited downtime.

INDUSTRIES WE SERVE



OIL AND GAS



GOVERNMENT



CONSTRUCTION



TRANSPORTATION
(air, land, and sea)



GENERAL INDUSTRY



MILITARY



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XSTREMEMD.COM

WORLD CLASS HEALTH SERVICES,
FIRST CLASS PEOPLE